



## A network of care in your community



Northwell Health is an award-winning network of hospitals and health services right in your backyard. We provide access to top doctors and a wealth of resources, including:

### Rehabilitation facilities

- Northwell Health Stern Family and Orzac Centers for Rehabilitation offer rehabilitation services.  
(516) 562-8065 – Stern Center  
(516) 256-6710 – Orzac Center

### Adult Day Health Care

- The Orzac Center for Rehabilitation offers a safe and caring home away from home for your loved one during the day.  
(516) 256-6630 – Orzac Center

### Laboratory services

- Northwell Health Labs have convenient patient service centers throughout metro New York.  
Call (516) 719-1100 for a location near you.

### Hospice services

- Hospice Care Network serves Nassau, Suffolk and Queens.  
(516) 832-7100
- University Hospice – Staten Island University Hospital serves Staten Island and Brooklyn.  
(718) 226-6450
- Hospice Care in Westchester and Putnam serves Westchester and Putnam counties.  
(914) 666-4228

Call us to discuss how we can meet your needs as efficiently and cost-effectively as possible. Most long-term care insurance is accepted.

Call us at:

- (718) 776-9870 – New York City
- (914) 666-7079 – Westchester and Putnam
- (516) 266-5200 – Nassau and Suffolk

## When choosing a home caregiver, reputation matters

### Learn about our private professional caregiver services





## The care you deserve, in the comfort of your home

Northwell Health At Home has provided high quality home care for more than 35 years—because we believe in bringing top-tier care to you. As part of Northwell Health, the largest healthcare provider in New York state, we have access to the knowledge, resources and expertise needed to provide you with the quality care you and your loved ones deserve.

When you sign up for our services, your care team may include several or all of the following:

- A private professional caregiver
- A registered nurse
- A service coordinator
- A geriatric social worker

These team members will work with you—as well as your family and your physician—to develop a plan of care tailored specifically to your needs. Throughout your care, your team can help adjust your plan and schedule as needed. You'll also have access to a designated service coordinator to address all your questions and concerns.

### A qualified, professional caregiver—selected just for you

Finding the right home care provider can make all the difference in your quality of life, so we specialize in matching you with the person who will be the best fit for you and your family. Do you need a caregiver who likes dogs? Does your loved one have a memory disorder that requires extra patience? Are there special cultural or religious issues that we need to consider when looking for the right caregiver? Let us know and we'll do our best to accommodate you. All our professional caregivers are qualified, trained and carefully screened so that you can feel safe and secure.

### Our services

Our compassionate professionals can provide care a few hours a day or around the clock. Depending on your unique situation and needs, hourly or live-in assistance includes:

- Bathing
- Dressing
- Personal care
- Walking
- Exercise
- Shopping
- Laundry
- Medication reminders
- Light housekeeping
- Preparing healthy meals according to dietary preferences and restrictions
- Escorting to appointments
- Hobbies and activities

Some families choose to work with our geriatric social worker, who can provide:

- Safety assessment and recommendations for home adaptation
- Scheduled visits for supportive counseling
- Assistance with bills, sorting mail, ordering household items
- Referrals to community resources, as necessary
- Referrals for home maintenance and repairs

