Know the warning signs of a stroke



Balance

Eyes

Face

Arm

Speech

Time













B is for Balance:

Does the person have a sudden loss of balance?

E is for Eye:

Does the person have sudden change in vision in one or both eyes?

F is for Face:

Does the person's face suddenly look uneven or does one side droop?

A is for Arm:

Is the person suddenly unable to hold up both arms? Does one arm drift back down?

S is for Speech:

Is there a sudden change in speech, such as slurred speech, unable to speak, or does the person not make sense?

T is for Time:

Call 911 now!

